

## The event information

- 1 **Date and Time** Sunday 16 February 2020 Race will take place rain or shine. ★Start-----9:00 ★finish-----16:00
- 2 **Check-in dates/times/venue** ★Saturday 15 February 2020★  
13:00 – 18:00 at Kochi Chuo Park, 1-11-27 Obiyamachi, Kochi  
★Sunday 16 February 2020★  
6:00 – 8:00 at Kochi city Josei Park, 8-1 Marunouchi, Kochi  
Your number card, timing device, and participant bag are given at the check-in counter.  
It might be crowded with many runners on the event day.  
We would be very appreciated if you could check-in the previous day.
- 3 **Event** Marathon (42.195km) for General entry Male/Female (18 years old and above, NOT included high school students)
- 4 **Course** Kochi Ryoma Marathon course certified by JAAF/IAAF/AIMS
- 5 **Competition Rules** The race will be conducted in accordance with the 2019 rules and regulations of the JAAF and this competition.
- 6 **Time limit** 7 hours  
The time limit will be based on the starter gun  
During the race, if a contestant's progress is extremely delayed, race officials may disqualify him/her from the race in terms of their safety, the traffic control, security, and event operations.
- 7 **Awards** (1) All-around titles The top 10 people in all-around men and women will be given awards at the venue on the day of the tournament.  
(2) Age groups The top 3 people will be honored the places by men and women and the age classification.  
(Under 29 years old, 30s, 40s, 50s, 60s, over 70s)
- 8 **Capacity** Limit of the online registration for overseas entrants are 200.
- 9 **Eligibility** 1. All runners must be the age of 18.  
2. The race has a time limit of 7 hours, so runners must ensure they are able to complete the race within the time limit.  
3. Entry by a person other than the applicant will not be accepted.  
4. Participation by wheelchairs is not permitted.
- 10 **Fee** 9,500 YEN (includes insurance)
- 11 **Entry** (1) Application period : from Saturday 14 September to Thursday 31 October 2019  
(2) Method for Application : Please fill out the list of applicants, then register.  
(3) Capacity : Limit for overseas entrants are 200.
- 12 **Transportation** Parking spaces are available at the finish area, although the number is limited. We recommend you to take shuttle buses to reach the events.  
Shuttle buses will operate from the finish area (Haruno park) to the start area 13:00~17:00  
Shuttle buses will operate from the start area (Kochi station) to the finish area (Haruno park) 9:30~  
\* Both shuttle buses are exclusive for this event and free of charge.
- 13 **Race guide** 1. Standby blocks will be set according to the times athletes declare when registering.  
2. Runners must follow the information and guide provided by the race officials and police officers.  
3. Please make every effort to ensure your physical condition before participating, e.g. by carrying out thorough training and undergoing a medical check.  
4. Any emergency, such as an accident or fire, occur during the race, emergency vehicles may pass through at any point on the course. In such cases, runners are asked to follow instructions from event staff and may be requested to stop temporarily.  
5. Once an application has been accepted, the contents of the application cannot be changed, and entry fees will not be refunded.  
6. Personal belongings can be dropped off at the start area and will be brought to the finish area. We advise runners not to place expensive or valuable items in their bags as the organizers cannot accept any responsibility for any loss or damage to your personal belongings.  
7. Flip flops, Geta sandals, and any kind of sandals are not permitted.  
8. The organizers recognize the importance of personal data, and strictly follow the relevant laws and regulations, as well as their own policy on personal data protection, when handling personal data. The data will be used in order to provide a better service to participants: to communicate selection lottery results, participant information, number cards, recordings, and related information; to offer services from sponsors, supporters, and organizations involved with the event; to respond to emergencies during the event; and to announce records (such as rankings).

## Participation award

Since participation awards are original T-shirts, please let us know the size from the size table below.

※Please note that you can not change the size after application.

		(Unit: centimeters)					
S	i z e	SS	S	M	L	O	XO
	Height	157~163	162~168	167~173	172~178	177~183	182~188
	Chest	81~87	85~91	89~95	93~99	97~103	101~107
	Waist	67~73	71~77	75~81	79~85	83~89	87~93

## Finishing award

Finisher Medal All finishers will be given a medal, made of good quality cypress in Kochi.

Finisher Towel All finishers will be given a towel, embroidered the name of the tournament.

## Special award

All finishers will be entered to win a gift of Kochi's local produce, randomly picked for 150 prizes.

## Cut-off times of each check points

Check Point Distance		9:00start		Cut-off Time	
Check point	Distance	Cut-off time	Check point	Distance	Cut-off time
1	5.02km	10:00	7	25.8km	13:17
2	8.6km	10:31	8	29.6km	13:56
3	13.2km	11:11	9	33.8km	14:40
4	17.0km	11:45	10	37.5km	15:19
5	18.9km	12:04	11	41.2km	15:58
6	22.0km	12:38			

## Event agreement

1. Entries are non cancelable/nonrefundable. In the event, any overpaid/double-paid fees also will not be refunded.  
(in the case of the exceeding the number of entry capacity, fees will be refunded)
2. In an earthquake, storm/flood damage, snowfall, accidents, epidemic disease, or any other reasons, the organizers will assess the situation and make a decision concerning scaling down/cancelling the race accordingly.  
Organizers will make a decision concerning whether fee will be refunded or not refunded.
3. All participants must be in excellent health and capable of easily completing the race of their choice.  
Participants are requested to take responsibility for their belongings, manage their own health and avoiding accidents during the events.
4. I agree to abide by any decision of a race official relative to my ability to safely complete the race, which decision is at the sole discretion of the race official and I agree lack of a decision does not create any liability whatsoever.
5. The organizers shall bear no other responsibility than the provision of first aid in the event of illness, loss, or other accidents during the event.
6. The organizers are not held liable for accidents, loss, injuries and diseases during the event. Runners will not make a claim for damages against the organizers.
7. Runners will be compensated for accidents, injuries and diseases within the coverage of the event insurance.
8. Consents of family members, parents (runners under the age of 20) are required to participate in the event.
9. False statements of age, sex, name, and time records are strictly prohibited.  
Should any such acts be discovered, the entry/award in question will be cancelled, entry fees and charges will not be refunded, and future applications for the Kochi Ryoma Marathon 2018 will not be accepted.
10. I understand that during the race or in related activities, I may be photographed, filmed, and/or videotaped.  
I agree to allow my name, photo, video or film likeness to be used for any legitimate promotional purpose by the event holders, producers, sponsors, organizers and assigns.