The event information

1 Date and time of the event:

February 19, 2023 (Sun), The event will take place rain or shine. ©Opening Ceremony [Starting point: In front of Kochi Prefectural Office] ©Awards Ceremony [Finish Venue: Kochi Prefectural Haruno Sports Park Athletic Field]

2 Reception the day before

February 18, 2023 (Sat) 10:00 a.m.-8:00 p.m. Venue: under adjustment

3 Event

Full Marathon (42.195 km)

(1) Registered (Japan Association of Athletics Federations (JAAF) registered athletes) Men's and Women's Divisions

(2) General (non-registered athletes of the JAAF) Men's and Women's Divisions

4 Course

JAAF official/WA certified Kochi Ryoma Marathon Course

5 Competition rules

According to the 2022 JAAF competition rules and this event's regulations.

6 Time limit

7 hours

*The time limit is based on the signal gun.

*Checkpoints will be set up to ensure smooth general traffic and the safety of competitors.

7 Capacity

12,000 people

8 Eligibility

For the Full Marathon, runners are eligible if they are:

(1)Registered and unregistered members of the JAAF;

(2)18 years of age or older on the day of the event are eligible

(However, high school seniors registered with the JAAF in 2022 may participate);

(3)Expected to complete the race within the time limit;

(4) The same person who registered for the race;

(5)Are recommended or invited by the organizer of this event;

(6)However, wheelchair users are not allowed to participate due to the difficulty of ensuring safety on the running course.

9 Entry Fee

13,000 Yen (+500 Yen for charity entries)*Entry fee includes accident insurance, etc.

10 Application

First-come, first-served application (via Internet)

- Application period: September 16, 2022 (Friday) 8:00 pm to October 16 (Sunday)
- Capacity: 12,000 people

*Applications will be closed when the capacity is reached.

11 Transportation

Limited number of parking spaces are available at the finish area. We recommend you to take shuttle buses to reach the events.

Shuttle buses will operate from the finish area (Haruno park) to the start area Shuttle buses will operate from the start area (Kochi station) to the finish area (Haruno park)

* Both shuttle buses only runs for free on the event.

12 Race guide

1. Standby blocks will be set according to the times athletes declare when registering.

2. Runners must follow the information and guide provided by the race officials and police officers.

3. Please make every effort to ensure your physical condition before participating, e.g. by carrying out thorough training and undergoing a medical check.

4. Special drinks cannot be accepted due to the operation of the tournament.

5. Any emergency, such as an accident or fire, occur during the race, emergency vehicles may pass through at any point on the course.

6. Once an application has been accepted, the contents of the application cannot be changed, and entry fees will not be refunded.

7. Personal belongings can be dropped off at the start area and will be brought to the finish area. We advise runners not to place expensive or valuable items in their bags as the organizers cannot accept any responsibility for any loss or damage to your personal belongings.

8. Flip flops, Geta sandals, and any kind of sandals are not permitted.

9. The organizers recognize the importance of personal data, and strictly follow the relevant laws and regulations, as well as their own policy on personal data protection, when handling personal data. The data will be used in order to provide a better service to participants: to communicate selection lottery results, participant information, number cards, recordings, and related information; to offer services from sponsors, supporters, and organizations involved with the event; to respond to emergencies during the event; and to announce records (such as rankings).

13 Participation award

Since participation awards are original T-shirts, please let us know the size from the size table below.

	SS	S	М	L	LL	3L
model height	157	163	170	179	181	183
Length	62	65	68	71	74	77
Width	44	47	50	53	56	60
shoulder width	42	44	46	48	50	53
Sleeve Length	19	20	21	22	23	25

(Unit: centimeters)

14 Finisher service

A free traditional gamecock hot pot will be provided by students of Kochi Prefectural Agricultural High School, and a variety of event food vendors will be available outside the stadium.

15 Special award

All finishers will be entered to win a gift of Kochi's local produce, randomly picked for 200 prizes.

16 Cut-off times of each check points Check Point Distance Cut-off Time

9:00start

Check point Distance Cut-off time Check point Distance Cut-off time

1 5.02km 10:00 7 25.8km 13:17

2 8.6km 10:31 8 29.6km 13:56

3 13.2km 11:11 9 33.8km 14:40

4 17.0km 11:45 10 37.5km 15:19 5 18.9km 12:04 11 41.2km 15:58 6 22.0km 12:38

17 Event agreement

1. Entries are non cancelable/nonrefundable. In the event, any overpaid/double-paid fees also will not be refunded. (in the case of the exceeding the number of entry capacity, fees will be refunded)

2. In an earthquake, storm/flood damage, snowfall, accidents, epidemic disease, or any other reasons, the organizers will assess the situation and make a decision concerning scaling down/cancelling the race accordingly. Organizers will make a decision concerning whether fee will be refunded or not refunded.

3. All participants must be in excellent health and capable of easily completing the race of their choice.Participants are requested to take responsibility for their belongings, manage their own health and avoiding accidents during the events.

4. I agree to abide by any decision of a race official relative to my ability to safely complete the race, which decision is at the sole discretion of the race official and I agree lack of a decision does not create any liability whatsoever.

5. The organizers shall bear no other responsibility than the provision of first aid in the event of illness, loss, or other accidents during the event.

6. The organizers are not held liable for accidents, loss, injuries and diseases during the event. Runners will not make a claim for damages against the organizers.

7. Runners will be compensated for accidents, injuries and diseases within the coverage of the event insurance.

8. Consents of family members, parents (runners under the age of 20) are required to participate in the event.

9. False statements of age, sex, name, and time records are strictly prohibited. Should any such acts be discovered, the entry/award in question will be cancelled, entry fees and charges will not be refunded, and future applications will not be accepted.

10. I understand that during the race or in related activities, I may be photographed, filmed, and/or videotaped. I agree to allow my name, photo, video or film likeness to be used for any legitimate promotional purpose by the event holders, producers, sponsors, organizers and assigns.